

Day Two

The Breastplate of Righteousness

Prayer

Dear God thank you for bringing us back together again today. I pray that we would continue to have fun with our friends and to learn about your armor. Help us to put on the Belt of Truth and the Breastplate of Righteousness today. It's in your name we pray. Amen

Lesson

Read Ephesians 6:14 and try to memorize Ephesians 6:11 by the end of the week.

What do you remember about what we talked about yesterday? We discussed the Belt of Truth and how it can help us fight against Satan's lies.

Today we are going to learn about the Breastplate of Righteousness.

Do you know what righteousness means? Righteousness is being right with God. It means doing our best to make sure there is no sin in our lives.

What does a breastplate protect? All your internal organs, like your heart and stomach. I don't want you to answer out loud, but can any of you think of a time when you sinned? Think to yourself how you felt after you sinned. At first it may have felt really good, but after a while, you probably felt pretty bad, huh? That's because when we sin, we aren't wearing the Breastplate of Righteousness. This makes it even easier for Satan to come in and help us to sin more. Remember, we make the choice to let Satan lead us to sin. If we work to put on the Breastplate of Righteousness every day, then it will be really hard for him to lead us into sin because we will be focused on following the commandments God gives us.

Music Worship

Log onto <https://youtu.be/nWaT6wfdSKU> and watch and sing along to the music video.

Game: Water Wars

- Materials:
- · Water balloons. Lots and lots of water balloons. The longer you want the war to last, the more balloons you should have.
- · Buckets to hold full water balloons. Each platoon should have access to their own bucket.
- · Towels so the kids can dry off.

- Name tags for each child. Have a different color for each platoon.

Process:

- All platoons are pitted against each other. Have privates put their nametags on so everyone can see which team they belong to.
- Arrange teams around outer edge of field. Put their bucket of water balloons in front of them. They can only get balloons from their bucket.
- Explain that only shots to the chest count. If a shirt covers it, it can be hit. Don't aim for the face, and legs don't matter. Only the chest, where your vital organs are. Remember, no name calling. Play nice.
- Blow the whistle and let them go. Join in too if you like.
- The game is over when you run out of balloons. There really is no winner, unless by some miracle, one platoon has one or more players who manage not to get wet.
- Dry off before going into small group time. (You can do this during the break.)

Game Discussion

Today's game was pretty fun, wasn't it? Water balloon fights are great, but what does this have to do with the Breastplate of Righteousness? (Allow students to respond.) Well, in our water war, only shots to the chest counted. That's where all your vital organs are. When Satan tries to attack our righteousness, he aims to kill. We can't live without our heart functioning, so that's where he hits us. He tries to turn our hearts to him and away from Jesus. When we wear the Breastplate of Righteousness, it means we are working hard to protect our hearts from this sort of attack by focusing on what God wants us to do. If we look at Psalm 119:9-11, we see how King David fought to follow God's plan for righteousness. (Read Psalm 119:9-11 together.) So what does this passage of Scripture mean for us? (Allow students to respond.) It means that in order to not sin against God, in order to stay righteous with Him, we need to memorize Scripture and do what it says. We need to give everything we are to following God.

Workbook Packet

Complete the workbook pages for day two that are appropriate for your child's level.

Closing Prayer

Dear God thank you for letting us have fun and spend time with you today. I pray that we would remember to put on the Breastplate of Righteousness every day so we will be protected from impure sin.. Please bring us all back here safely tomorrow. Amen.